

Mindy Summerhayes

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Dina Landus
South Davis Community Hospital
401 S. 400 E.
Bountiful, UT 84010

Dear Ms. Landus:

Please consider me for the Nutritionist internship position at South Davis Community Hospital. During my high school career I have taken a special interest in nutrition by losing weight. I have taken foods classes regarding healthy food and a healthy lifestyle. I think I am ready to spread my knowledge to help enhance the health and well being of individuals you serve.

As a senior at Woods Cross High School I am enrolled in classes that have to do with this field such as:

- Foods 1 & 2
- Pastry Palace
- CE Math

In the summer of my sophomore year I decided to lose weight, by eating healthy foods and joined a local gym creating an effective exercise plan. About one year later family members were asking how I had lost weight. The progressive menu and exercise routine I shared with them helped them to lose weight also. This shows that I have the motivation and determination to help other people become fit and have a healthier lifestyle.

Please know I thank you for considering me for your opening, and would like to set up an interview at your convenience. I will call your office early next week to arrange for an interview time. If you would like to call me before then, you may reach me at 232-2822.

Sincerely,

Mindy Summerhayes

Enclosure: resume